

SIGNATURE TREATMENTS



SENSE OF OPULENCE

RMB 9,888 for two

RMB 6,888 for one

Opulence is about luxury and indulgence. Your journey of decadence begins with your own chauffeured limousine pick-up complete with chilled champagne from your doorstep to Sense of Touch and a personal welcome by our spa manager. Upon arrival, leave everything in our hands and let us take care of your needs. Our caring therapists will assist and lead you to continue your experience with us. A French Moroccan themed treatment room will be your retreat. Your treatment begins with an olive-rose body exfoliation, followed by a cocooning in layers of creamy Moroccan rose essences, oils and creams. While in this heavenly phase, your personal therapists will then gently massage your scalp. A luxurious rose bath is prepared for your bathing. A Sense of Touch Signature Massage will soothe your senses and an opulent and exclusive Caviar Facial infuses your skin with proteins and anti-oxidants. An Aromatherapy Associates luxury home spa skin care gift box is provided for you to take home and continue your experience in your own privacy. Finally, as we bid farewell for now, your chauffeur awaits you to bring you to the destination of your choice within Shanghai.

* Complimentary one year Sense of Touch Golden Diva (i.e. originally RMB 20,000 of expenditure required) is included in this luxury package.

SENSE OF RENEWAL

RMB 990/120mins

Perfect for the 'dangerously attractive' woman. The executive woman needs to be on top of her game. She's in power and she's stressed, using exotic ingredients from the Amazon rain forest and Africa, to empower that woman in you, a therapeutic massage with warm powerful oils will help you de-stress and relax. An Anti-Ageing Facial will keep you young and invigorated.

SENSE OF BALANCE

RMB 690/90mins

Recapture the Tales of Old Shanghai, with the timeless scents of frankincense, Sandalwood and Opium to keep our corporate business men in balance, in control and focus on de-stressing those aching muscles.

SENSE OF ROMANCE

RMB 1,880 for two/120mins

Inspired by the aromas of Paris, the city of love, couples indulge in the finest of pampering. French Lavender and Moroccan Rose oils fill the air of our Paris Suite with a warm Rose petal dip in our French Bath for two followed by a luxurious rose body scrub for her and a lavender scrub for him. An invigorating shower together before we commence our sweet and loving massage. Romance is the word for the day.

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SENSE OF INDULGENCE

RMB 1,080/120mins

Indulge yourself. You can deserve it! Parisian cafe is the heart of the city. Coffee is known to stimulate circulation and uplift the senses. An Enriching coffee scrub cleanses your skin to smoothness followed by a luxuriously warm Enrich coffee bath followed with a Deep Tissue Massage to soften your stressed body. You will be enveloped in intensely rich creams while you relax with our scalp massage.

SENSE OF CELEBRATION

Sense of Touch Sparties are a fun, hip way for you and your friends to socialize and beautify! Whether it's a birthday, a hen night, baby shower, office party for the girls or just a prelude to the evening ahead, Sense of Touch will help you tailor make the ideal Sparty for your group! Sparty details please visit our website: www.senseoftouch.com.cn

FACE

AROMATHERAPY ASSOCIATES

Ultimate Aromatherapy Facial

RMB 580/60mins

RMB 880/90mins (with back massage)

Luxurious and pampering facial to nourish and soften the skin Boosts circulation and promote cell renewal & regeneration, leaving the skin radiant Rich in damask rose. Hand and arm massage to help relax and moisturize dry hands and elbows.

Forever Young Facial

RMB 780/90mins

A natural, highly effective facial to reduce the signs of ageing without using harsh chemicals.

Skin Solutions Facial

RMB 780/75mins

An intensive treatment that incorporates steaming, extraction and hot towel compresses, alongside facial massage and a freshwater mud mask, leaving a super clean and fresh skin.

Add on

Instant Eye Repair

RMB 180

Intensive anti-ageing formulas reduce fine lines and refresh the delicate eye area.

KERSTIN FLORIAN

Signature Caviar Facial

RMB 1,280/90mins

A decadent, luxurious facial that firms, tones, refines and deeply hydrates the skin with protein rich Caviar and powerful antioxidants. Exclusive Caviar products infuse skin age defying nutrients to smooth fine lines and improve texture. An AcuLift Massage visibly firms and tones, and our Marine Biomatrix Sheet provides intensive hydration to instantly restore radiance. Results are immediate, leaving skin looking supple, healthy and luminescent!

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Caviar Cell Vital Facial

RMB 990/60mins

The ultimate anti-aging treatment for the face, hands and décolleté. Refines, lifts and nourishes the skin with protein rich caviar, powerful antioxidants (fatty acid compounds, vitamins), a gentle enzyme peel and a unique peel off masque that dramatically improves skin moisture. Results are immediate creating healthy luminescent skin.

Correcting Advanced Repair Facial

RMB 790/90mins

This result-oriented treatment is customized to address specific skin conditions including hyperpigmentation, congested skin, fine line and premature aging. Includes an exfoliating multi-acid or enzyme peel on the face, neck, décolleté and hands to renew the skin, a deep-cleansing massage to promote circulation and a masque to balance and nourish the skin. A heated hand treatment completes the experience.

Deluxe Rehydrating Facial

RMB 690/90mins

Reconnect with nature, spirit and self with this deluxe facial to decrease in facial tension, clarity of the skin and eye and improved skin texture and color. This Deluxe Rehydrating Facial is a relaxing treatment which includes a natural enzyme peel, minimal extractions, an acupuncture point and deep cleansing massage. Followed by hand and scalp massage.

Correcting PRO Peel 30 Facial

RMB 380/30mins

Using an exclusive 30% multi-acid peel, this facial provides immediate results to brighten and help even skin tone. Skin is deeply cleansed and toned, followed by a 16-point acupuncture exercise on the face and scalp. Intensive serums are applied as beauty globes cool and tighten the skin. Recommended in a series of 6.

HIGH PERFORMANCE LIFTING FACIAL MACHINE

K-Lift Facial Machine, Age Management Treatment

A customized facial treatment enhanced with the use of the K-Lift, Age Management System to deliver improved muscle tone, smoother skin and a lifted facial contour. This high-performance system uses kinetic energy in three modalities to achieved results. Utilizing a unique multi-phase approach it combines Red LED Light, advanced impulse Micro Current and a Transdermal Delivery System to achieve a more youthful, smooth, lifted appearance.

Youth Accelerator Facial

RMB 880/60mins

Transform your skin with this modernized energy treatment that includes a deep cleanse and an exfoliating multi-acid peel for the face and neck to renew the skin. Receive 40 dedicated minutes of LED red light and Impulse MicroCurrent to help awaken cell functions to younger levels, accelerates repair mechanism, re-educate muscle tone and triggering DNA regeneration and cell repair. End this treatment by infusing essential nutrients to the deep layers of the skin with cutting edge Transdermal Delivery technology.

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Advanced Lifting Facial

RMB 1,080/90mins

Transform your skin with this modernized energy treatment that includes a deep cleanse and an exfoliating multi-acid peel for the face and neck to renew the skin. Receive 60 dedicated minutes of LED red light and Impulse MicroCurrent to help awaken cell functions to younger levels, accelerates repair mechanism, re-educate muscle tone and triggering DNA regeneration and cell repair. End this treatment by infusing essential nutrients to the deep layers of the skin with cutting edge Transdermal Delivery technology.

K-Lift Express Eyes Treatment

RMB 380/20mins

This treatment has been designed to help strengthen the muscles, brighten the eye area and assist in increased circulation. Ideal for targeting the first signs of aging around the eye area helping with fine lines and wrinkles.

K-Lift Express Lips Treatment

RMB 380/20mins

Lips lines, lower cheeks and jaw area are lifted, toned and smoothed with this treatment specifically designed for the lip area and lower portion of the face. Fine, feathery lines around the lips are smoothed and jaw muscles are lifted to help achieve a more youthful looking appearance.

K-Lift Express Congestion Treatment

RMB 380/20mis

This treatment has been designed to help draw out excess sebum from an oily skin and increase lymphatic drainage and enhance circulation, aiding in a reduction of puffiness and activating stagnant areas.

K-Lift Express Lift Treatment

RMB 380/20mins

A preventative treatment designed for those to maintain energy in the cells, strengthen muscle tone and delay the aging process.

SPECIALIZED MESSAGES

Real Aromatherapy Experience

RMB 480/60mins RMB 780/90mins

The powers of pure essential oils with specialized massage techniques will transport you to deep relaxation. Traditional Fusion of Eastern & Western massage styles, Incorporates chakra balancing, spinal pressures, muscle release, lymphatic drainage & foot reflexes.

De-Stress Muscle Release

RMB 580/60mins

Involves deep tissue techniques designed to manipulate the body and ease physical stress and strain. Ginger from China, used widely to warm and stimulate the body for those wanting a deep massage and instant relief from muscular pain.

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Anti-Cellulite Treatment

RMB 680/60mins

Cleansing, purifying and energizing for those on a detox or cleansing program for those with cellulite, especially around the hips and thighs Or those with fluid retention or sluggish energy levels.

Immune Boosting Ritual

RMB 380/60mins

A fortifying body treatment to cleanse and strengthen the body. Excellent in polluted cities such as Shanghai.

Fusion Massage

RMB 380/60mins RMB 680/90mins

A unique combination of classic swedish circulatory strokes, deep tissue and detoxifying massage to help re-energize your body.

Hot Stone Body Massage Therapy

RMB 680/60mins

The art of using warm stones soaked in Essential Oils that eases and deeply relaxes your over worked body and muscles. This wonderfully soothing, relaxing and energizing treatment will leave you feeling so rejuvenated.

Ear Candling

RMB 280/40mins

Ear candling is an ancient therapy. It relieves sinus pressure, cleanses ear canal, removes old earwax, and improves hearing, cure swimmer's ear & purify the mind. This treatment includes head, neck and shoulder lymphatic drainage massage.

MALE GROOMING

Skin Refining Facial for Him

RMB 580/60mins

Powerful plant extracts leave the skin looking and feeling clean, refreshed and well-balanced.

Correcting Detox Facial

RMB 580/60mins

A deep cleansing and skin-refining facial specifically designed for congested, oily and problematic skin. This targeted treatment focuses on providing immediate and lasting results. Includes a professional 30% multi-acid complex peel followed with purifying organic masque. A thorough skin analysis, extractions as well as a customized home care regimen promote healthy-looking, clear skin.

Simply a manicure (for men)

RMB 180/45mins

Simply a pedicure (for men)

RMB 240/50mins

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BODY

Citrus Detox Reviver Scrub

RMB 580/60mins

Cleansing, purifying and energizing. For those on a detox or cleansing program or those that have sluggish energy levels and want to wake-up body and mind.

Lavender and Peppermint Cooler

RMB 580/60mins

A refreshing and soothing body wrap that rescues the skin after sun exposure.

Café Au Lait Intense Nourishment

RMB 880/90mins

A stimulating coffee, sea salt, almond oil and frankincense body scrub ensures deep exfoliation and brightening of the skin, followed by a skin renewing Tuberose, Ylang Ylang and Vanilla envelopment and scalp massage.

Add on

Pot Pourri Polish Express

RMB 280/30mins

A perfect add on to your body treatment, a polishing and brightening Olive Pip, Essential Oil and Aloe Vera body scrub makes use of fragrant pot pourri, full body exfoliation to smooth and refine skin texture.

NUTURING MOTHER

Ultimate Rose Pregnancy Massage

RMB 480/60mins

A gentle massage for our mothers-to-be, a nurturing, pampering & truly feminine treatment to uplift.

Essential Rose Facial

RMB 580/60mins

Luxurious and pampering facial to nourish and soften the skin Boosts circulation and promote cell renewal & regeneration, leaving the skin radiant rich in damask rose.

HAND

French Lavander Spa Manicure

RMB 258/60mins

The treatment starts with a French Lavender soak & full manicure, followed by a two-step process to nourish, exfoliate and replenish. A luxurious scrub is followed with nourishing mask. An extensive and rejuvenating massage that hydrates from elbows to finger tips rounds out this sense of touch signature hand treatment. Finished with a perfect polish.

Shanghai Rose Hand Treatment

RMB 258/60mins

Layers of luxury as your hands are massaged in intensely rich and fragrant creams and oils infused with Geranium, Damask rose and Evening Primrose oil, complimented by a Simply A Manicure and polish.

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Quickie manicure	RMB 100/20mins
Quickie French manicure	RMB 120/25mins
For people on the go...nails are clipped, filed and nourished with jojoba oil. Perfectly polished or buffed - your choice.	
Simply a manicure	RMB 150/45mins
Simply a manicure w/ buffing	RMB 170/45mins
Simply a French manicure	RMB 170/60mins
Simply a French manicure w/ buffing	RMB 190/60mins
The essentials for nail care. Clipping, shaping, soaking, cuticle care, massage from elbows to fingertips and finished with a perfect polish.	
UV Gel Manicure	RMB 358/40mins
Add ons	
Hydrating hand masque/paraffin masque	RMB 90
Re-varnish/French re-varnish	RMB 80/100
Little ladies manicure	RMB 80/30mins
Little ladies pedicure	RMB 100/30mins
Age 5 to 11 years old	

FEET

French Lavender Spa Pedicure	RMB 380/70mins
A luxurious start of French Lavender footbath to relieve aching muscles, followed by a Simply a Pedicure, invigorating scrub to release layers of dead cells and callous scrapping, followed by a relaxing and invigorating foot massage, and luxurious foot mask to soften dry skin. Finish off with nail polish.	
Shanghai Rose Foot Treatment	RMB 380/70mins
Layers of luxury as your feet are massaged in intensely rich and fragrant creams and oils infused with Geranium, Damask rose and Evening Primrose oil, complimented by a Simply a Pedicure. Finish off with nail polish.	
Quickie pedicure	RMB 130/25mins
Quickie French pedicure	RMB 150/30mins
For people on the move...clip, shape, polish and go!	

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Simply a pedicure	RMB 200/50mins
Simply a pedicure w/ buffing	RMB 220/60mins
Simply a French pedicure	RMB 220/60mins
Simply a French pedicure w/ buffing	RMB 240/70mins

The essentials for nail care. soaking, clipping, shaping, nipping, cuticle care, scraping of calluses, smoothing foot sole filing, foot scrub, and foot massage. Finished off with a perfect polish.

UV Gel Pedicure	RMB 398/50mins
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Add on

Hydrating foot masque/paraffin masque	RMB 100/20mins
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Softens and smoothens skin.

SPA WAXING

Brazilian waxing (hot wax)

We use top quality wax from France that works with a special polymer that shrink-wraps the hair making the procedure less painful or “almost” painless and hair re-growth take longer. great for sensitive areas such as bikini, brazilian, upper lip and underarm. Have fun with shapes: the landing strip, playboy or bermuda triangle!

Brazilian	RMB 300
Semi Brazilian	RMB 258
Bikini	RMB 150
Upper lip/chin/eyebrows	RMB 90
Half leg	RMB 150
Upper leg	RMB 170
Full leg	RMB 260
Underarm	RMB 90
Full arm	RMB 180
Half arm	RMB 150
Back	RMB 258
Chest	RMB 258
Full facial (including eyebrows)	RMB 280

SPA WAXING COMBINATIONS

Half leg and underarm wax	RMB 220
Half leg and bikini wax	RMB 270
Bikini and upper leg wax	RMB 280
Bikini and full leg wax	RMB 360
Full leg and underarm wax	RMB 320

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Brazilian and half leg	RMB 400
Brazilian and underarm	RMB 350

PRETTY FACE



Lashes and Brows

Brow shaping	RMB 90
Brow tinting	RMB 90
Eyelash tinting	RMB 120
Eyelash curling	RMB 180
Brow shaping and tinting	RMB 180
Eyelash tinting and curling	RMB 280

Threading

Brow threading	RMB 90
Upper lip/chin threading	RMB 90
Forehead threading	RMB 100
Full facial threading (including eyebrows)	RMB 280

PACKAGE SERIES



Manicures

- Purchase a series of 5 manicures and receive 1 free
- Purchase a series of 10 manicures and receive 3 free
- Purchase a series of 20 manicures and receive 5 free

Pedicures

- Purchase a series of 5 pedicures and receive 1 free
- Purchase a series of 10 pedicures and receive 3 free
- Purchase a series of 20 pedicures and receive 5 free

Waxing / Threading

- Purchase a series of 5 waxing or threading treatments and receive 1 free
- Purchase a series of 10 waxing or threading treatments and receive 3 free
- Purchase a series of 20 waxing or threading treatments and receive 5 free

Facials / Massages

- Purchase a series of 5 facials or massages treatments and receive 1 free
- Purchase a series of 10 facials or massages treatments and receive 3 free
- Purchase a series of 20 facials or massages treatments and receive 5 free